

The Seven Summits



Leadership, Teamwork, Coaching

'It's the best course I've ever been on. We learned more in two days than we learned in a week on other courses – brilliant.' **Lloyds TSB**

The Seven Summits are the highest mountains on each of the world's seven continents – including, of course, Mount Everest - and to climb them takes leadership and teamwork skills that define individuals capable of achieving extraordinary things in their lives. Rebecca Stephens, the first British woman to have climbed all seven peaks is partnered by Janie van Hool, a RADA trained actress, coach and performance consultant. Their dynamic teaching will challenge your thinking and demonstrate practically just what can be achieved when these skills are brought to the increasingly challenging environment of the workplace.

The Seven Summit teachings are:

- Kilimanjaro – The first step
- Denali – Acquiring the skills
- Everest – Effective teamwork
- Elbrus – Coaching
- Carstensz Pyramid – Recruiting talent greater than your own
- Aconcagua – Positive Thinking
- Vinson – Tenacity to the last

Insightful, practical and life-affirming, these workshops are for teams focused on excellence and individuals for whom ordinary is not an option. Take your team beyond its comfort zone and scale the Seven Summits of Success.

'You received the highest marks ever – 8 x 10 and 2 X 9 (and one delegate never gives 10 on principle!) Congratulations, this is a brilliant and true reflection of your ability to share your extraordinary story in such a business- focused way.'

The Academy of Chief Executives.